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ARTUR PAWEŁ POLIŃSKI

ON SELECTED ISSUES
OF NON-INVASIVE
BLOOD PRESSURE
ESTIMATION

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Symbols

| | | |
|---------------------|---|---|
| a | – | auxiliary parameter |
| a_1 | – | a constant |
| a_2 | – | a constant |
| a_3 | – | a constant |
| a_4 | – | a constant |
| a_{i_1} | – | a constant |
| a_{i_1, i_2} | – | a constant |
| $adiff$ | – | fiducial point of the signal defined by the maximum of its derivative using approximation |
| A | – | vessel cross section |
| A_0 | – | vessel cross-section for $p = p_0$ |
| b | – | auxiliary parameter |
| b_1 | – | a constant |
| b_2 | – | a constant |
| b_3 | – | a constant |
| b_{i_1} | – | a constant |
| b_{i_1, i_2} | – | a constant |
| c | – | wave speed |
| c_0 | – | reference wave speed |
| c_{i_1} | – | a constant |
| c_{i_2} | – | wave speed |
| c_{i_1, i_2} | – | a constant |
| c_{i_1, i_2, i_3} | – | a constant |
| C | – | capacitance |
| CUS | – | artificial neural network with custom activation function |
| C_0 | – | capacitance |
| C_1 | – | a constant |
| C_2 | – | a constant |
| C_3 | – | a constant |
| C_4 | – | a constant |
| C_c | – | a constant |
| C_{init} | – | initial value of auxiliary constant C_c |
| C_o | – | capacitance |
| C_T | – | capacitance |
| d | – | a constant |
| da | – | disturbance of the a |

| | | |
|------------|---|---|
| db | – | disturbance of the b |
| $dif f$ | – | fiducial point of the signal defined by the maximum of its derivative |
| ds_{min} | – | disturbance of the minimum of the signal s_{min} |
| dt | – | time discretization of the signal |
| d_1 | – | a constant |
| d_2 | – | a constant |
| D | – | vessel length |
| D_1 | – | vessel length |
| D_2 | – | vessel length |
| D_i | – | axillary variable related to vessel length |
| D_{i_2} | – | vessel length |
| D_{i_a} | – | axillary variable related to some location along the vessel |
| D_{i_b} | – | axillary variable related to some location along the vessel |
| D_{n_s} | – | vessel length |
| e_1 | – | the error measure based on the maximum norm |
| e_2 | – | the error measure based on the 1 norm |
| e_3 | – | the error measure based on the 2 norm |
| E | – | Young modulus |
| EX | – | expected value of X |
| E_k | – | electrode location |
| f | – | frequency |
| f_c | – | frequency |
| f_s | – | sampling frequency |
| F | – | inverse function of g |
| $FF1$ | – | one-layer feedforward neural network |
| $FF2$ | – | three-layer feedforward neural network |
| g | – | a function |
| g^{-1} | – | inverse of function g |
| g_1 | – | piecewise linear function |
| g_2 | – | a function |
| G | – | conductance |
| h | – | transfer function |
| h_w | – | thickness of vessel wall |
| h_0 | – | thickness of vessel wall for p_0 |
| H | – | Fourier transform of h |
| i | – | current |
| i_1 | – | auxiliary variable |
| i_2 | – | auxiliary variable |
| i_3 | – | auxiliary variable |
| j | – | imaginary unit |
| k | – | auxiliary variable |
| k_1 | – | a constant |
| k_2 | – | a constant |
| k_3 | – | a constant |
| K_1 | – | a constant |
| K_2 | – | a constant |

| | | |
|--------------------------|---|---|
| K_3 | – | a constant |
| K_4 | – | a constant |
| l | – | distance between electrodes |
| l_b | – | length of resistor representing blood |
| l_m | – | length of resistor representing muscle |
| l_R | – | length of resistor |
| L | – | inductance |
| L_s | – | distance between measurement sensors |
| m | – | a constant |
| m_1 | – | a constant |
| m_2 | – | a constant |
| min | – | fiducial point of the signal defined by its minimum |
| max | – | fiducial point of the signal defined by its maximum |
| M | – | auxiliary variable |
| M_1 | – | auxiliary variable |
| M_{1init} | – | initial value of auxiliary constant M_1 |
| M_2 | – | auxiliary variable |
| M_{2init} | – | initial value of auxiliary constant M_2 |
| n | – | discrete time moment |
| n_s | – | number of vessel segments |
| n_v | – | normal vector |
| N | – | length of the model |
| N_d | – | length of the data |
| N_i | – | number of inputs of artificial neural network |
| N_p | – | number of model parameters |
| N_s | – | number of samples |
| p | – | pressure |
| p_0 | – | reference pressure |
| p_{end} | – | pressure at the end of the vessel |
| p_T | – | pressure at the venous end of the arterial tree |
| P | – | probability |
| PTT_{tcp} | – | pulse transit time defined for the same fiducial point |
| PTT_{bp} | – | pulse transit time defined for the same value of blood pressure |
| q | – | blood flow |
| q_{end} | – | blood flow at the end of the vessel |
| qm_1 | – | quality measure based on correlation coefficient |
| qm_2 | – | quality measure based on the 2 norm |
| qm_3 | – | quality measure based on the 2 norm and penalty of the number of model parameters and data length |
| $resp$ | – | value of respiration signal at the moment of R-wave of the electrocardiography signal |
| r_0 | – | vessel radius for $p = p_0$ |
| r_{in} | – | initial radius of the vessel |
| r_{out} | – | ending radius of the vessel |
| R | – | resistance |
| R_1 | – | resistance |

| | | |
|------------|---|---|
| R_2 | – | resistance |
| R_o | – | resistance |
| RR | – | time distance between two successive R-waves of the electrocardiography signal |
| $RNN1$ | – | one-layer recurrent neural network |
| $RNN3$ | – | three-layer recurrent neural network |
| s | – | signal |
| s_1 | – | signal |
| s_2 | – | signal |
| s_{min} | – | minimum of the signal |
| S | – | Fourier transform of s |
| S_f | – | sensitivity function |
| S_1 | – | Fourier transform of s_1 |
| S_2 | – | Fourier transform of s_2 |
| S_a | – | area of cross-section |
| S_b | – | area of blood vessel cross-section |
| S_m | – | area of muscle cross-section |
| t | – | time |
| t_0 | – | time shift |
| t_1 | – | a time moment |
| t_2 | – | a time moment |
| t_{min} | – | time of minimum signal occurrence |
| t_{max} | – | time of maximum signal occurrence |
| tg | – | fiducial point of the signal defined by tangent intersection |
| T | – | maximum considered moment of time |
| TDB | – | the duration from the maximum derivative point to the maximum of the dirotic notch in the photoplethysmography signal |
| u | – | voltage |
| v | – | phase velocity |
| V | – | volume |
| V_b | – | blood volume |
| V_m | – | muscle volume |
| w_0 | – | a weight |
| w_{i_1} | – | a weight |
| w_{i_2} | – | a weight |
| x | – | space variable |
| x_1 | – | selected space variable |
| x_2 | – | selected space variable |
| x_v | – | auxiliary parameter |
| x_{vi_1} | – | auxiliary parameter |
| X | – | random variable |
| y | – | space variable |
| y_v | – | auxiliary variable |
| z | – | space variable |
| Z | – | impedance |
| Z_c | – | characteristic impedance |

| | | |
|------------------|---|--|
| Z_o | – | output impedance |
| α | – | auxiliary parameter |
| α_0 | – | auxiliary parameter |
| β | – | phase constant |
| β_{i-1} | – | some constant |
| γ | = | $(1 + \Gamma)/(1 - \Gamma)$ |
| Γ | – | reflection coefficient |
| Δx_v | – | change in x_v |
| ϵ | – | permittivity |
| λ | – | parameter describing ex-Gaussian model |
| λ_{init} | – | initial value of λ |
| μ_0 | – | expected value |
| μ_1 | – | expected value |
| μ_{1init} | – | initial value of μ_1 |
| μ_2 | – | expected value |
| μ_{2init} | – | initial value of μ_2 |
| μ_{bv} | – | blood viscosity |
| ρ | – | resistivity |
| ρ_b | – | blood resistivity |
| ρ_{bd} | – | blood density |
| ρ_l | – | resistivity in longitudinal direction |
| ρ_{ml} | – | muscle resistivity in longitudinal direction |
| ρ_{mt} | – | muscle resistivity in transverse direction |
| ρ_t | – | resistivity in transverse direction |
| σ | – | conductivity |
| σ_0 | – | standard deviation |
| σ_1 | – | standard deviation |
| σ_{1init} | – | initial value of σ_1 |
| σ_2 | – | standard deviation |
| σ_{2init} | – | initial value of σ_2 |
| σ_l | – | conductivity in longitudinal direction |
| σ_t | – | conductivity in transverse direction |
| ϕ | – | potential distribution |
| ψ | – | potential distribution |
| ω | = | $2\pi f$ |
| ω_c | = | $2\pi f_c$ |
| Ω | – | space domain |
| $\partial\Omega$ | – | boundary of space domain |

Acronyms

| | | |
|------|---|--|
| AIC | – | Akaike Information Criterion |
| ANN | – | Artificial Neural Network |
| BIC | – | Bayesian Information Criterion |
| BP | – | Blood Pressure |
| DBP | – | Diastolic Blood Pressure |
| ECG | – | Electrocardiography |
| FEM | – | Finite Element Method |
| FIR | – | Finite Impulse Response |
| GRU | – | Gated Recurrent Unit |
| HR | – | Heart Rate |
| LP | – | low-pass filter |
| MAE | – | Mean Absolute Error |
| MAP | – | Mean Arterial Pressure |
| MDL | – | Minimum Description Length |
| MSE | – | Mean Squared Error |
| PAT | – | Pulse Arrival Time |
| PAT1 | – | PAT defined by the minimum of the signal |
| PAT2 | – | PAT defined by tangent intersection |
| PAT3 | – | PAT defined by the maximum of the first derivative of the signal |
| PAT4 | – | PAT defined by the maximum of the signal |
| PEP | – | Pre-Ejection Period |
| PP | – | Pulse Pressure |
| PPG | – | Photoplethysmography |
| PTT | – | Pulse Transit Time |
| PWV | – | Pulse Wave Velocity |
| ReLU | – | Rectified Linear Unit |
| RGB | – | Red Green Blue |
| RMS | – | Root Mean Square |
| RMSE | – | Root Mean Square Error |
| RNN | – | Recurrent Neural Networks |
| SBP | – | Systolic Blood Pressure |
| std | – | standard deviation |

Glossary of Key Terms

cardiac output (CO)

a volume of blood pumped by the heart into the systemic circulation per minute

characteristic impedance(Z_c)

a ratio of voltage to current of a forward-propagating wave in electrical engineering, and in arterial modelling the corresponding impedance of an arterial segment, determined by its stiffness and geometric properties

characteristic (fiducial) point

a specific location on a physiological waveform, defined by a reproducible signal feature such as a minimum, maximum, ect., used in blood pressure estimation from signals like PPG, IPG, or related modalities

compliance

a measure of the vessel's ability to change its volume when intravascular pressure varies.

impedance plethysmography (IPG)

a technique that measures changes in electrical impedance resulting from variations in tissue conductivity, typically caused by fluctuations in blood volume

phase velocity (v)

an apparent velocity at which a constant-phase point of a sinusoidal wave propagates along a transmission line

photoplethysmography (PPG)

a technique that measures changes in the intensity of transmitted or reflected light caused by pulsatile variations in blood volume within tissue

pre-ejection period (PEP)

a time interval between the onset of ventricular depolarization and the opening of the aortic valve, typically identified from impedance cardiography or other hemodynamic signals

pulse arrival time (PAT)

a time interval between the R wave of the electrocardiogram and a characteristic point of a peripheral measure by PPG, ICG or similar technique

pulse pressure (PP)

a difference between systolic and diastolic pressure, reflecting arterial stiffness and stroke volume

pulse transit time (PTT)

a time interval between two characteristic points of cardiovascular waveforms recorded at different sites along the arterial tree, typically using PPG, ICG, or similar techniques

pulse wave velocity (PWV)

a speed at which the arterial pressure wave travels between two sites along the arterial system

recurrent neural networks (RNN)

a class of neural architectures designed to process data sequences of arbitrary length, such as time series or text, by maintaining internal states that capture temporal dependencies

reflection coefficient (Γ)

a ratio of reflected to incident wave amplitude at an arterial impedance discontinuity

stiffness

a measure of the reduced ability of an artery to expand and recoil when blood pressure changes

Windkessel model

a lumped-parameter representation of the cardiovascular system that describes hemodynamics using RLC elements to capture vascular resistance, compliance, and inertance

Introduction

An individual's blood pressure is a critical parameter for assessing overall health. It allows for the early detection of potential issues, such as hypertension or hypotension, which can lead to severe conditions like heart disease, stroke, or kidney failure. Hence, it is desirable to develop a method that will allow blood pressure to be measured continuously and non-invasively, which will not be burdensome for the tested person. There are different approaches to achieve this goal. Thus, in this work, we will focus on selected techniques and problems related to non-invasive blood pressure estimation.

The monograph presents a coherent and comprehensive description of the non-invasive blood pressure estimation. It extends and deepens the author's previous research results for this research problem.

The first chapter introduces different methods applicable to non-invasive blood pressure estimation.

Chapter 2 contains novel considerations on blood flow modelling. It is shown that mathematical modelling is a useful tool for analysing complex physiological phenomena, enabling a deeper understanding of the problem and the formulation and verification of potential practical solutions. In particular, the influence of model parameters on the results is analysed, and the limitations of modelling complex biological systems are identified.

Chapter 3 examines the impact of sampling frequency and low-pass filtering on the accuracy of detecting characteristic points in signals. In contrast to previous studies, the analysis is performed on blood pressure rather than photoplethysmographic signals, thereby eliminating the influence of the unknown transfer function between these signals. This enables a more precise identification of limitations arising from the sampling and filtering processes themselves. As an alternative to classical filtering, a signal-modelling-based approach is proposed, and its limitations are analysed. Compared to earlier studies, the analysis is extended to include simulations involving a broader, more diverse class of signals, and additional approximation functions are considered.

Chapter 4 is devoted to the analysis of the photoplethysmographic signal in both the time and frequency domains. Relationships describing the connection between blood pressure and pulse transit time are systematised, and the physiological foundations of these relationships, resulting from blood volume-induced pressure changes in the vascular system, are discussed. The chapter extends previous modelling analyses and presents an original examination of the limitations of frequency-domain-based approaches.

Chapter 5 presents novel analyses of impedance-based models that enable identification of sources of impedance change signals, depending on electrode configuration.

Chapter 6 presents an analysis of physiologically derived models for blood pressure estimation that, in addition to pulse arrival time, incorporate signals such as ECG and respiration. The study provides a fully elaborated treatment, including explicit derivations and enhanced analytical detail, building upon the original conceptual framework.

Chapter 7 addresses the use of neural networks' approximation capabilities. Compared to previous studies, the scope of analysis is extended to a larger number of model architectures. A comparison between neural network models and physiologically derived models is also conducted, assuming identical input data and a comparable number of parameters. This allows for the assessment of the extent to which limitations in accuracy result from the inadequacy of physiological models rather than from the limited information content of the available data.

The final chapter presents an analysis of two research problems. The first, concerning the locality of pulse wave velocity, is documented in the literature but has not been studied in detail to date. The second complements previous investigations and concerns the influence of pulse waveform deformation along the vascular tree.